

Weapons Combat System classes on Summercamp 2011

Thursday July 7th

10.00 – 12.00

Weapons Combat Escrima

Training in both student and technician programs of Weapons Combat Escrima.

Relevant for student as well as for instructor

Here the grading will be done – all summercamp participants that want to be tested for a grade have to attend at least on of these sessions!

Teachers: Master Lars Lind

13.00 – 14.00

The roots of Weapons Combat Escrima

A look into the systems that has gone before Weapons Combat Escrima and how much influence they have had on the development and the system as it stands today.

Teacher: Master Lars Lind

14.00 – 15.00

The (NEW) Box – revisited

The fist three grades of Weapons Combat Escrima has the subtitle "Box system"

Do we still have a box or is it something else?

Teacher: Master Lars Lind

15.00 – 16.00

Messer

A Großes Messer or Gross Messer ("great knife", also called Hiebmesser "cutting knife") was a type of German single-edged one handed sword similar to a falchion that was used during the 14th, 15th and 16th centuries.

This session would be good for all Escrima students as it has many similarities with machete.

Teacher: Senior Instructor Bengt Abrahamsson (Chapter Master KDF)

Friday July 8th

10.00 – 12.00

Emty hands agains weapons – myth or reality

The seminar will go through the dangers involved in fighting against an assailant armed with a weapon (blunt or sharp) and we will cover defence possibilities – myths or reality, both from a Weapons Combat Escrima and WingTsun point of view.

Teacher: Master Lars Lind

13.00 – 14.00

Staff and half pike (WingTsun long pole) sparring

We go into the use in sparing of these long weapons.

Both Historical, Escrima and WingTsun aspects and techniques will be part of this session (this sessions is the same as under historical).

Because of the size of the weapons, this session will, unless we get studio 1, be limited to between 10 to 12 students!

Teacher: Master Lars Lind

14.00 – 15.00

Power

How do I generate power and how do I controll it?

A travel into the concept "Power"

Teacher: Assistant Instructor Rolf Warming (test for 1st TG)

15.00 – 17.00

Medieval dagger

We explore the old techniques from the german school of fencing of the medieval dagger.

Teacher: Chapter Master KDF, Konrad Kessler, Germany

Saturday July 9th

10.00 – 12.00

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Teacher: Head Instuctor Kenneth Kyhe

13.00 – 14.00

Balance

Nothing works without balance!

We will through exicesises prove this point and improve the participants balance.

All practitioners of fighting can learn from this seminar!

Teacher: Head Instuctor Kenneth Kyhe

14.00 – 15.00

Speed (timing & Distance)

Useful speed does not stem primarily from how fast one can move one's limbs, but from how precisely one can sense the proper time to initiate an action and how accurately one can judge the distance the action must cover. Relatively slow, economical movements executed with perfect timing and distancing will defeat extremely fast, wide movements executed at the wrong time and at the wrong distance.

Again a seminar for all marial artists!

Teacher: TBA

15.00 – 17.00

Longsword

The **Longsword** is a type of European sword used during the late medieval period, approximately 1350 to 1550 (with early and late use reaching into the 13th and 17th centuries).

We look into how it was used according to the German tradition.

Teacher: Chapter Master KDF, Konrad Kessler, Germany

Sunday July 10th

10.00 – 12.00

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Relevant for student as well as for instructor

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Teachers: Master Lars Lind, Head Instructor Kenneth Kyhe, Senior Instructor Peter 'Lange' Tønder and others

10.00 – 12.00